



Supervisor **JOSEPH SALADINO**
and the Oyster Bay Town Board present

Summer 2022 18 & Over

Co-Ed Fitness Classes

at the Hicksville Athletic Center



Ballroom Dancing

- **Saturdays 7 PM - 8 PM** (begins July 16)

Cardio Kick-Boxing

- **Thursdays 7:30 PM - 8:30 PM** (begins July 14)

Pilates

- **Tone & Sculpt: Mondays 8 PM - 9 PM** (begins July 11)

Yoga

- **Mondays 10 AM - 11 AM** (begins July 11)**
- **Tuesdays 7:30 PM - 8:30 PM** (begins July 12)
- **Saturdays 9 AM - 10 AM** (begins July 16)

**Held at Allen Park Community Center, Farmingdale

Zumba

- **Mondays 6:45 PM - 7:45 PM** (begins July 11)
- **Wednesdays 7:30 PM - 8:30 PM** (begins July 13)

Important Information

- Each session is 10 weeks long.
- \$60 for TOB Residents and \$70 for Non-Residents.
- Checks, Money Orders, or Credit Cards Only (make payable to "Town of Oyster Bay," American Express not accepted).
- Proof of residency/age; valid ID required. TOB Residents given first preference.
- Mats will not be provided. You must bring your own Mat to Yoga and Pilates.
- Schedule subject to change. Please inquire within regarding special holiday scheduling.
- If a session is cancelled due to inclement weather, make-up day(s) will be attempted.
- For more information, call (516) 797-7945 or email tobparks@oysterbay-ny.gov
- Each class must meet a minimum enrollment requirement. In the event the class size is not at the minimum, the class may be cancelled and your check or money order will be returned.

Registration

Registration will take place at the Hicksville Athletic Center, 167 Broadway, Hicksville.

Monday, June 6, 2022
from **5:30 PM - 9:30 PM**

Tuesday, June 7, 2022
from **5:30 PM - 9:30 PM**

Wednesday, June 8, 2022
from **5:30 PM - 9:30 PM**

After these dates, registration will continue in the HAC office, based on availability - please call 516-733-8404. There will be no proration for missed classes.



Supervisor Joseph
SALADINO
www.OysterBayTown.com

Michele M. Johnson
Thomas P. Hand
Laura L. Maier
Town Clerk
Richard LaMarca



Louis B. Imbroto
Steve Labriola
Vicki Walsh
Receiver of Taxes
Jeffrey P. Pravato



TOWN OF OYSTER BAY