Supervisor JOSEPH SALADINO and the Town Board present the
Senior Program November 2-30, 2026

Bring hand weights for classes with Diane

Mondays

North Massapequa Community Center	9:30 AM	Book Club **(ONLY Nov. 2)**
214 N. Albany Avenue, Massapequa	10:00 AM	Rummikub, Games & Conversation
	10:30 AM	Chair Yoga with Angela
	1:30 PM	Bingo
Hicksville Athletic Center	1:30 PM	Exercise with Diane **(DOORS OPEN AT 1:00 PM NOT BEFORE)**
167 Broadway, Hicksville	2:30 PM	Balance & Coordination with Diane
Marjorie R. Post Community Center	9:00 AM - 3:00 PM	Rummikub, Games & Conversation
Unqua and Merrick Roads, Massapequa	10:00 AM	Cardio Dance with Michael
No Programs Here Nov. 16, 23 & 30	1:00 PM - 2:30 PM	Karaoke
William P. Bennett Hicksville Community Center	9:00 AM	Rummikub, Games & Conversation **(ONLY Nov. 16, 23 & 30)**
28 W. Carl Street, Hicksville	10:00 AM	Cardio Dance with Michael **(ONLY Nov. 16, 23 & 30)**
	1:00 PM - 2:30 PM	Karaoke **(ONLY Nov. 16, 23 & 30)**

Tuesdays (NO PROGRAMS NOV. 3)

	10:00 AM	Rummikub, Games & Conversation
North Massapequa Community Center	11:00 AM - 2:30PM	Open Bridge **(OPEN TO ALL)**
214 N. Albany Avenue, Massapequa	1:00 PM	Exercise with Diane
Bethpage Community Park	12:00 PM	Tai Chi with Denise
1001 Stewart Avenue, Bethpage	1:15 PM	Line Dance with Fran
Glen Head Community Center	9:30 AM - 12:00 PM	Rummikub, Games & Conversation
200 Glen Head Road, Glen Head	10:00 AM	Cardio Dance with Michael
Syosset-Woodbury Community Center	10:30 AM	Chair Yoga with Angela
7800 Jericho Tpke., Woodbury	12:00 PM - 1:00 PM	Hitster **(NEW GAME)**
	1:30 PM	Drum Groove with Michael

Wednesdays (NO PROGRAMS NOV. 11)

North Massapequa Community Center	9:30 AM - 11:30 AM	Knitting & Crocheting
214 N. Albany Avenue, Massapequa	10:00 AM	Rummikub, Games & Conversation
	12:15 PM	Tai Chi with Denise **(NEW TIME)**
Syosset-Woodbury Community Center	10:00 AM	Rummikub, Games & Conversation
7800 Jericho Tpke., Woodbury	10:30 AM	Silver Songbirds Choral Group **(NO CLASS Nov. 18)**
	12:30 PM	Bingo
	1:00 PM	Art with Jock
	1:00 PM - 3:00 PM	Knitting and Crocheting
Glen Head Community Center	9:30 AM - 11:30 AM	Open Bridge **(OPEN TO ALL)**
200 Glen Head Road, Glen Head	9:45 AM	Drum Groove with Michael
	11:00 AM	Chair Yoga with Maru **(NO CLASS NOV. 4)**
	1:00 PM - 2:30 PM	Karaoke

Thursdays (NO PROGRAMS NOV. 26)

	10:00 AM	Rummikub, Games & Conversation
North Massapequa Community Center	10:00 AM - 12:00 PM	Beginner Bridge **(9 WEEK CLASS)**
214 N. Albany Avenue, Massapequa	1:00 PM	Art with Jock
Syosset-Woodbury Community Center	10:00 AM	Intermediate Line Dance with Fran
7800 Jericho Tpke., Woodbury	11:00 AM - 2:30 PM	Open Bridge **(OPEN TO ALL)**
	11:30 AM	Beginner Line Dance with Fran
	1:30 PM	Exercise with Diane
William P. Bennett Hicksville Community Center	9:15 AM	Cards, Games & Mah Jong on your own
28 W. Carl Street, Hicksville	9:30 AM	Chair Yoga with Maru
	11:00 AM	Karaoke
	1:30 PM	Cardio Dance with Michael
	10:00 AM - 1:45 PM	St. Francis Outreach Bus **(ONLY Nov. 5)**

Fridays (NO PROGRAMS NOV. 27)

	9:00 AM -1:00 PM	Golden Tones Entertainment Group
North Massapequa Community Center	10:30 AM	Tai Chi with Denise
214 N. Albany Avenue, Massapequa	1:00 PM	Rummikub, Games & Conversation
	1:00 PM	Advanced Line Dance with Fran
William P. Bennett Hicksville Community Center	10:00 AM	Rummikub, Cards, Games & Mah Jong on your own
28 W. Carl Street, Hicksville	12:15 PM	Tai Chi with Denise
	1:15 PM	Bingo
Marjorie R. Post Community Center	10:00 AM - 3:00 PM	Rummikub, Cards & Games
Unqua and Merrick Roads, Massapequa	10:00 AM - 11:00 AM	Drum Groove with Michael
No Programs Here Nov. 13 & 20	12:30 PM - 1:30 PM	Drum Groove with Michael
Syosset-Woodbury Community Center	10:00 AM - 3:00 PM	Rummikub, Cards & Games **(ONLY Nov. 13 & 20)**
7800 Jericho Tpke., Woodbury	10:00 AM - 11:00 AM	Drum Groove with Michael **(ONLY Nov. 13 & 20)**
	12:30 PM - 1:30 PM	Drum Groove with Michael **(ONLY Nov. 13 & 20)**

Please call 516-797-7916 for more information.



Supervisor Joseph
SALADINO
www.OysterBayTown.com

Town Supervisor
JOSEPH SALADINO
Town Board
Louis B. Imbroto
Steve Labriola
Vicki Walsh
Thomas P. Hand
Laura L. Maier
Andrew A. Monteleone
Town Clerk
Richard LaMarca
Receiver of Taxes
Jeffrey P. Pravato

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