



Supervisor **JOSEPH SALADINO** and the Town Board present the

Senior Program June 1 - 26, 2026



Mondays

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	9:30 AM 10:00 AM 10:30 AM 12:15 PM 1:30 PM	Book Club (ONLY June 1) Rummikub, Games & Conversation Chair Yoga with Angela Tai Chi with Denise Bingo
Hicksville Athletic Center 167 Broadway, Hicksville	1:30 PM 2:30 PM	Exercise with Diane (DOORS OPEN AT 1:00 PM NOT BEFORE) Balance & Coordination with Diane
Marjorie R. Post Community Center Unqua and Merrick Roads, Massapequa	9:00 AM - 3:00 PM 10:00 AM 1:00 PM - 2:30 PM	Rummikub, Games & Conversation Cardio Dance with Michael Karaoke

Tuesdays

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	10:00 AM 11:00 AM - 2:30 PM 1:00 PM	Rummikub, Games & Conversation Open Bridge (OPEN TO ALL) Exercise with Diane
Bethpage Community Park 1001 Stewart Avenue, Bethpage	12:00 PM 1:15 PM	Tai Chi with Denise Line Dance with Fran
Glen Head Community Center 200 Glen Head Road, Glen Head	9:30 AM - 12:00 PM 10:00 AM	Rummikub, Games & Conversation (NO Games Jun. 23) Cardio Dance with Michael
Syosset-Woodbury Community Center 7800 Jericho Tpke., Woodbury	10:30 AM 1:30 PM	Chair Yoga with Angela Drum Groove with Michael

Wednesdays

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	9:30 AM 10:00 AM 12:00 PM 1:15 PM	Knitting & Crocheting Rummikub, Games & Conversation Tai Chi with Denise Seated Meditation & Exercise with Denise
Syosset-Woodbury Community Center 7800 Jericho Tpke., Woodbury	10:00 AM 10:30 AM 1:00 PM 12:30 PM 1:00 PM 1:00 PM - 3:00 PM	Rummikub, Games & Conversation Silver Songbirds Choral Group (Last Day June 10) June 10 Silver Songbirds Show "Spotlight on Broadway" Bingo (NO Bingo Jun. 10) Art with Jock Knitting and Crocheting
Glen Head Community Center 200 Glen Head Road, Glen Head	9:30 AM - 11:30 AM 9:45 AM 11:00 AM 1:00 PM - 2:30 PM	Open Bridge (OPEN TO ALL) Drum Groove with Michael Chair Yoga with Maru Karaoke

Thursdays

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	10:00 AM 10:00 AM 1:00 PM	Rummikub, Games & Conversation Creative Crafts Art with Jock
Syosset-Woodbury Community Center 7800 Jericho Tpke., Woodbury	10:00 AM 11:00 AM - 2:30 PM 11:30 AM 1:30 PM	Intermediate Line Dance with Fran Open Bridge (OPEN TO ALL) Beginner Line Dance with Fran Exercise with Diane
William P. Bennett Hicksville Community Center 28 W. Carl Street, Hicksville	9:15 AM 9:30 AM 11:00 AM 1:30 PM	Cards, Games & Mah Jong on your own Chair Yoga with Maru Karaoke Cardio Dance with Michael
Bethpage Community Park 1001 Stewart Avenue, Bethpage	10:00 AM - 2:00 PM	Long Island Cares Free Farmers Market for Seniors (ONLY Jun. 18)

Fridays (NO PROGRAMS JUNE 19)

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	9:00 AM - 1:00 PM 1:00 PM 10:30 AM 1:00 PM 1:00 PM	Golden Tones Entertainment Group (Last Day June 5) June 5 Golden Tones Show "Gone Country" Tai Chi with Denise Rummikub, Games & Conversation Advanced Line Dance with Fran (NO Class June 5)
William P. Bennett Hicksville Community Center 28 W. Carl Street, Hicksville	10:00 AM 12:15 PM 1:15 PM	Rummikub, Cards, Games & Mah Jong on your own Tai Chi with Denise Bingo
Marjorie R. Post Community Center Unqua and Merrick Roads, Massapequa	10:00 AM - 3:00 PM 10:00 AM - 11:00 AM 12:30 PM - 1:30 PM	Rummikub, Cards & Games Drum Groove with Michael (NO Class June 26) Drum Groove with Michael (NO Class June 26)

Please call 516-797-7916 for more information



Supervisor Joseph **SALADINO**
www.OysterBayTown.com

Town Supervisor
JOSEPH SALADINO
Town Board

Louis B. Imbroto Steve Labriola Vicki Walsh Town Clerk Richard LaMarca		Thomas P. Hand Laura L. Maier Andrew A. Monteleone Receiver of Taxes Jeffrey P. Pravato
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