



Supervisor **JOSEPH SALADINO**
and the Oyster Bay Town Board present

Winter 2025 18 & Over Co-Ed Fitness Classes at the Hicksville Athletic Center



Ballroom Dancing

- Saturdays 7 PM - 8 PM (begins January 11)

Cardio Kickboxing

- Thursdays 7:30 PM - 8:30 PM (begins January 9)

Pilates

- Mondays 8 PM - 9 PM (begins January 6)

Yoga

- Sundays 9 AM - 10 AM (begins January 5)
- Tuesdays 8 PM - 9 PM (begins January 7)
- Thursdays 7 AM - 8 AM (begins January 9)
- Saturdays 9 AM - 10 AM (begins January 11)

Zumba

- Mondays 6:45 PM - 7:45 PM (begins January 6)
- Wednesdays 7:30 PM - 8:30 PM (begins January 8)

You must bring your own Mat to Yoga, Pilates & Cardio Kick-Boxing

Each class must meet a minimum enrollment requirement. In the event the class size is not at the minimum, the class may be cancelled and you will be refunded.

Important Information

- Each session is 10 weeks long
- \$60 for TOB Residents and \$70 for Non-Residents
- Proof of residency and photo identification is required
- TOB Residents given first preference
- You must bring your own Mat to Yoga, Pilates & Cardio Kick-Boxing
- Schedule subject to change. Please inquire within regarding special holiday scheduling
- If a session is cancelled due to inclement weather, make-up day(s) will be attempted

Registration Details

ONLINE registration will open for RESIDENTS

Monday, December 2, 2024

at 5:00 PM | www.oysterbaytown.com/portal

ONLINE registration will open for NON-RESIDENTS

Monday, December 9, 2024

at 9:00 AM | www.oysterbaytown.com/portal

Refunds requests will be accepted up until Monday, January 20, 2025, call the Recreation office for more information at (516) 797-7945.



Supervisor Joseph
SALADINO
www.OysterBayTown.com

Town Supervisor
JOSEPH SALADINO
Town Board

Michele M. Johnson
Thomas P. Hand
Laura L. Maier
Town Clerk
Richard LaMarca



Louis B. Imbroto
Steve Labriola
Vicki Walsh
Receiver of Taxes
Jeffrey P. Pravato



(516) 797-7945



www.oysterbaytown.com



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