



Supervisor **JOSEPH SALADINO**
and the Oyster Bay Town Board present

Spring 2024 18 & Over

Co-Ed Fitness Classes

at the Hicksville Athletic Center



Ballroom Dancing

- Saturdays 7 PM - 8 PM (begins April 6)

Cardio Kick-Boxing

- Thursdays 7:30 PM - 8:30 PM (begins April 4)

Pilates

- Tone & Sculpt: Mondays 8 PM - 9 PM (begins April 1)

Yoga

- Sundays 8:45 AM - 9:45 AM (begins April 7)
- Tuesdays 7:30 PM - 8:30 PM (begins April 2)
- Saturdays 9 AM - 10 AM (begins April 6)

Zumba

- Mondays 6:45 PM - 7:45 PM (begins April 1)
- Wednesdays 7:30 PM - 8:30 PM (begins April 3)

Important Information

- Each session is 10 weeks long.
- \$60 for TOB Residents and \$70 for Non-Residents.
- Proof of residency/age; valid ID required. TOB Residents given first preference.
- Mats will not be provided. You must bring your own Mat to Yoga and Pilates.
- Schedule subject to change. Please inquire within regarding special holiday scheduling.
- If a session is cancelled due to inclement weather, make-up day(s) will be attempted.
- Each class must meet a minimum enrollment requirement. In the event the class size is not at the minimum, the class may be cancelled and your check or money order will be returned.

Registration

ONLINE REGISTRATION FOR RESIDENTS

Begins Monday, February 26 at 5 PM

ONLINE REGISTRATION FOR NON-RESIDENTS

Begins Monday, March 4 at 9 AM

www.oysterbaytown.com/portal

Must upload proof of residency (tax or utility bill) and a valid identification card such as a driver's license.

For more information, call (516) 797-7945 or email tobparks@oysterbay-ny.gov



Supervisor Joseph
SALADINO
www.OysterBayTown.com

Town Supervisor
JOSEPH SALADINO
Town Board

Michele M. Johnson
Thomas P. Hand
Laura L. Maier
Town Clerk
Richard LaMarca



Louis B. Imbroto
Steve Labriola
Vicki Walsh
Receiver of Taxes
Jeffrey P. Pravato



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www.oysterbaytown.com



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