



Supervisor JOSEPH SALADINO and the Town Board present the **Senior Program October 1 - October 31, 2024**



Mondays (NO PROGRAM OCT. 14)

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

10:00 AM
10:00 AM
12:15 PM
1:30 PM
10:00 AM - 1:45 PM

Book Club (**ONLY Oct. 7**)
Rummikub, Games & Conversation
Tai Chi with Denise
Bingo
St. Francis Outreach Bus (**ONLY Oct. 7**)

Hicksville Athletic Center
167 Broadway, Hicksville

1:30 PM
2:30 PM

Exercise with Diane
(DOORS OPEN AT 1:00 PM NOT BEFORE)
Balance & Coordination with Diane

Marjorie R. Post Community Center
Unqua and Merrick Roads, Massapequa
(No Programs Here Oct. 28)

9:00 AM - 3:00 PM
10:00 AM
1:00 PM - 2:30 PM

Rummikub, Games & Conversation
Cardio Dance with Michael
Karaoke

Tuesdays

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

10:00 AM
11:00 AM - 2:30 PM
1:00 PM

Rummikub, Games & Conversation
Open Bridge (**OPEN TO ALL**)
Exercise with Diane

Bethpage Community Park
1001 Stewart Avenue, Bethpage
(No Programs Here Oct. 29)

12:00 PM
1:15 PM

Tai Chi with Denise
Line Dance with Fran

Glen Head Community Center
200 Glen Head Road, Glen Head

10:00 AM
2:00 PM

Cardio Dance with Michael
Bingo (**ONLY Oct. 1 & 8**)

Syosset-Woodbury Community Center
7800 Jericho Tpke., Woodbury

1:30 PM - 2:30 PM

Drum Groove with Michael (**STARTING Oct. 15**)

Wednesdays

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

9:30 AM
10:00 AM
12:00 PM
1:15 PM

Knitting & Crocheting
Rummikub, Games & Conversation
Tai Chi with Denise (**NO Tai Chi Oct. 2**)
Seated Meditation & Exercise with Denise
(NO Class Oct. 2)

Syosset-Woodbury Community Center
7800 Jericho Tpke., Woodbury

10:00 AM
10:30 AM
12:30 PM
1:00 PM

Rummikub, Games & Conversation
Silver Songbirds Choral Group
Bingo (**NO Bingo Oct. 30**)
Art with Jock

Glen Head Community Center
200 Glen Head Road, Glen Head

9:30 AM - 11:30 AM
1:00 PM - 2:30 PM

Open Bridge (**OPEN TO ALL**)
Karaoke

Thursdays

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

10:00 AM
1:00 PM

Rummikub, Games & Conversation
Art with Jock

Syosset-Woodbury Community Center
7800 Jericho Tpke., Woodbury

10:00 AM
11:00 AM - 2:30 PM
11:30 AM
1:30 PM

Intermediate Line Dance with Fran
Open Bridge (**OPEN TO ALL**)
Beginner Line Dance with Fran
Exercise with Diane

William P. Bennett Hicksville Community Center
28 W. Carl Street, Hicksville

9:15 AM
11:00 AM
1:30 PM

Cards, Games & Mah Jong on your own
Karaoke
Cardio Dance with Michael

Fridays

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

9:00 AM - 1:00 PM
10:30 AM
1:00 PM
1:00 PM

Golden Tones Entertainment Group
Tai Chi with Denise
Rummikub, Games & Conversation
Line Dance with Fran

William P. Bennett Hicksville Community Center
28 W. Carl Street, Hicksville

10:00 AM
10:00 AM
12:15 PM
1:15 PM
10:00 AM - 1:45 PM

Art with Jock
Rummikub, Games & Conversation
Tai Chi with Denise
Bingo (**SPECIAL MUSIC BINGO Oct. 18**)
St. Francis Outreach Bus (**ONLY Oct. 25**)

Marjorie R. Post Community Center
Unqua and Merrick Roads, Massapequa
(No Programs Here Oct. 25)

10:00 AM
10:00 AM - 11:00 AM
12:30 PM - 1:30 PM
1:00 PM - 3:00 PM

Rummikub, Games & Conversation
Drum Groove with Michael
Drum Groove with Michael
Play Canasta (**No Instruction**)

Please call 516-797-7916 for more information



Supervisor Joseph
SALADINO
www.OysterBayTown.com

Michele M. Johnson
Thomas P. Hand
Laura L. Maier
Town Clerk
Richard LaMarca



Louis B. Imbroto
Steve Labriola
Vicki Walsh
Receiver of Taxes
Jeffrey P. Pravato

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