



Supervisor JOSEPH SALADINO and the Town Board present the **Senior Program November 1 - November 29, 2024**

Mondays (NO PROGRAM NOV. 11)

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

10:00 AM
10:00 AM
10:00 AM

Book Club (**ONLY Nov. 4**)
Rummikub, Games & Conversation
Cardio Dance with Michael
(**ONLY Nov. 18 & 25**)
Tai Chi with Denise
Karaoke (**ONLY Nov. 18 & 25**)
Bingo



Hicksville Athletic Center
167 Broadway, Hicksville

1:30 PM
2:30 PM

Exercise with Diane
(**DOORS OPEN AT 1:00 PM NOT BEFORE**)
Balance & Coordination with Diane

Marjorie R. Post Community Center
Unqua and Merrick Roads, Massapequa

9:00 AM - 3:00 PM
10:00 AM
1:00 PM - 2:30 PM

Rummikub, Games & Conversation
Cardio Dance with Michael
Karaoke

(No Programs Here Nov. 18 & 25)

Tuesdays (NO PROGRAM NOV. 5)

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

10:00 AM
11:00 AM - 2:30 PM
1:00 PM

Rummikub, Games & Conversation
Open Bridge (**OPEN TO ALL**)
Exercise with Diane

Bethpage Community Park
1001 Stewart Avenue, Bethpage

12:00 PM
1:15 PM

Tai Chi with Denise
Line Dance with Fran

Glen Head Community Center
200 Glen Head Road, Glen Head

9:30 AM - 12:00 PM
10:00 AM

Rummikub, Games & Conversation
Cardio Dance with Michael

Syosset-Woodbury Community Center
7800 Jericho Tpke., Woodbury

1:30 PM - 2:30 PM

Drum Groove with Michael

Wednesdays

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

9:30 AM
10:00 AM
12:00 PM
1:15 PM

Knitting & Crocheting
Rummikub, Games & Conversation
Tai Chi with Denise
Seated Meditation & Exercise with Denise

Syosset-Woodbury Community Center
7800 Jericho Tpke., Woodbury

10:00 AM
10:30 AM
12:30 PM
1:00 PM
1:00 PM - 3:00 PM

Rummikub, Games & Conversation
Silver Songbirds Choral Group
Bingo (**SPECIAL MUSIC BINGO Nov. 20**)
Art with Jock
Knitting and Crocheting

Glen Head Community Center
200 Glen Head Road, Glen Head

9:30 AM - 11:30 AM
1:00 PM - 2:30 PM

Open Bridge (**OPEN TO ALL**)
Karaoke

Thursdays (NO PROGRAM NOV. 28)

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

9:30 AM
10:00 AM
1:00 PM

Ceramics (**ONLY Nov. 7**)
Rummikub, Games & Conversation
Art with Jock

Syosset-Woodbury Community Center
7800 Jericho Tpke., Woodbury

10:00 AM
11:00 AM - 2:30 PM
11:30 AM
1:30 PM

Intermediate Line Dance with Fran
Open Bridge (**OPEN TO ALL**)
Beginner Line Dance with Fran
Exercise with Diane

William P. Bennett Hicksville Community Center
28 W. Carl Street, Hicksville

9:15 AM
11:00 AM
1:30 PM

Cards, Games & Mah Jong on your own
Karaoke
Cardio Dance with Michael

Fridays (NO PROGRAM NOV. 29)

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

9:00 AM - 1:00 PM
10:30 AM
1:00 PM
1:00 PM

Golden Tones Entertainment Group
Tai Chi with Denise
Rummikub, Games & Conversation
Line Dance with Fran

William P. Bennett Hicksville Community Center
28 W. Carl Street, Hicksville

9:00 AM
10:00 AM
10:00 AM
12:15 PM
1:15 PM

Cardio Dance with Michael (**ONLY Nov. 15 & 22**)
Art with Jock (**10:15 AM on Nov. 15 & 22**)
Rummikub, Games & Conversation
Tai Chi with Denise
Bingo

Marjorie R. Post Community Center
Unqua and Merrick Roads, Massapequa

10:00 AM
10:00 AM - 11:00 AM
12:30 PM - 1:30 PM
1:00 PM - 3:00 PM

Rummikub, Games & Conversation
Drum Groove with Michael
Drum Groove with Michael
Play Canasta (**No Instruction**)

(No Programs Here Nov. 15 & Nov. 22)



Supervisor Joseph
SALADINO
www.OysterBayTown.com

Michele M. Johnson
Thomas P. Hand
Laura L. Maier
Town Clerk
Richard LaMarca



Louis B. Imbroto
Steve Labriola
Vicki Walsh
Receiver of Taxes
Jeffrey P. Pravato

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