



Supervisor JOSEPH SALADINO and the Town Board present the **Senior Program • March 1 - April 30, 2024**



Mondays (NO PROGRAM APR. 22)	10:00 AM	Book Club (ONLY Mar. 4 & Apr. 1)
North Massapequa Community Center	10:00 AM	Rummikub, Games & Conversation
214 N. Albany Avenue, Massapequa	11:00 AM	Chair Yoga with Patty
	12:15 PM	Tai Chi with Denise
	1:30 PM	Bingo
	10:00 AM - 1:45 PM	St. Francis Outreach Bus (ONLY Mar. 18)
Hicksville Athletic Center	1:30 PM	Exercise with Diane
167 Broadway, Hicksville		(Moves to Hicksville Community Center Apr. 1 & 29)
(No Programs Here Mar. 11 & Apr. 1 & 29)	2:30 PM	DOORS OPEN AT 1:00 PM NOT BEFORE
		Balance & Coordination with Diane
Marjorie R. Post Community Center	9:00 AM - 3:00 PM	Rummikub, Games & Conversation
Unqua and Merrick Roads, Massapequa	10:00 AM	Cardio Dance with Michael
	1:00 PM - 2:30 PM	Karaoke
Syosset-Woodbury Community Center	10:30 AM - 1:00 PM	Water Color with Rita (NEW CLASS)
7800 Jericho Tpke., Woodbury		(9 week class starting Mar. 18)

Tuesdays (NO PROGRAM APR. 23)	10:00 AM	Rummikub, Games & Conversation
North Massapequa Community Center	11:00 AM - 2:30 PM	Open Bridge (OPEN TO ALL)
214 N. Albany Avenue, Massapequa	1:00 PM	Exercise with Diane
Bethpage Community Park	12:00 PM	Tai Chi with Denise
1001 Stewart Avenue, Bethpage	1:15 PM	Line Dance with Fran
Glen Head Community Center	10:00 AM	Cardio Dance with Michael
200 Glen Head Road, Glen Head	12:00 PM	Rummikub, Games & Conversation
	2:00 PM	Bingo

Wednesdays (NO PROGRAM APR. 24)	9:30 AM	Knitting & Crocheting
North Massapequa Community Center	10:00 AM	Rummikub, Games & Conversation
214 N. Albany Avenue, Massapequa	12:00 PM	Tai Chi with Denise
	1:15 PM	Seated Meditation & Exercise with Denise
Syosset-Woodbury Community Center	10:00 AM	Rummikub, Games & Conversation
7800 Jericho Tpke., Woodbury	10:30 AM	Silver Songbirds Choral Group
	12:30 PM	Bingo
	1:00 PM	Painting with Jock
Glen Head Community Center	9:30 AM - 11:30 AM	Open Bridge (OPEN TO ALL)
200 Glen Head Road, Glen Head	10:00 AM	Chair Yoga with Patty
	1:00 PM - 2:30 PM	Karaoke

Thursdays (NO PROGRAM APR. 25)	10:00 AM	Rummikub, Games & Conversation
North Massapequa Community Center	1:00 PM	Painting with Jock
214 N. Albany Avenue, Massapequa		
Syosset-Woodbury Community Center	11:00 AM	Line Dancing with Fran
7800 Jericho Tpke., Woodbury	11:00 AM - 2:30 PM	Open Bridge (OPEN TO ALL)
	12:30 PM	FREE Manicures (ONLY Mar. 14 & Apr. 11)
	1:30 PM	Exercise with Diane
	10:00 AM - 1:45 PM	St. Francis Outreach Bus (ONLY Mar. 7)
William P. Bennett Hicksville Community Center	9:30 AM	Chair Yoga with Patty
28 W. Carl Street, Hicksville	11:00 AM	Karaoke
	12:30 PM	FREE Manicures (ONLY Mar. 7)
	1:30 PM	Cardio Dance with Michael

Fridays (NO PROGRAM MAR. 29 & APR. 26)	9:30 AM - 1:00 PM	Golden Tones Entertainment Group
North Massapequa Community Center	10:30 AM	Tai Chi with Denise
214 N. Albany Avenue, Massapequa	1:00 PM	Rummikub, Games & Conversation
	1:00 PM	Line Dance with Fran (NO Line Dance Mar. 8)
William P. Bennett Hicksville Community Center	9:15 AM	Introduction to Drawing with Jock
28 W. Carl Street, Hicksville	10:00 AM	Rummikub, Games & Conversation
	12:00 PM - 1:30 PM	Introduction to Mah Jong (LAST CLASS Mar. 15)
	12:15 PM	Tai Chi with Denise
	1:15 PM	Bingo
	10:00 AM - 1:45 PM	St. Francis Outreach Bus (ONLY Apr. 12)
Marjorie R. Post Community Center	10:00 AM	Rummikub, Games & Conversation
Unqua and Merrick Roads, Massapequa	12:30 PM - 1:30 PM	Drum Groove with Michael (NEW CLASS)
		(STARTING Mar. 15)
	1:00 PM - 3:00 PM	Play Canasta (No Instruction)

Please call 516-797-7916 for more information.



Supervisor Joseph **SALADINO**
www.OysterBayTown.com

Michele M. Johnson
Thomas P. Hand
Laura L. Maier
Town Clerk
Richard LaMarca



Louis B. Imbroto
Steve Labriola
Vicki Walsh
Receiver of Taxes
Jeffrey P. Pravato

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