



Supervisor **JOSEPH SALADINO** and the Town Board present the
Senior Program • January 3 - February 29, 2024

Mondays (NO PROGRAM JAN. 15th & FEB. 19th)

North Massapequa Community Center 10:00 AM
 214 N. Albany Avenue, Massapequa 10:00 AM
 11:00 AM
 12:15 PM
 1:30 PM
 1:30 PM
 2:30 PM

Hicksville Athletic Center
 167 Broadway, Hicksville

Marjorie R. Post Community Center 9:00 AM - 3:00 PM
 Unqua and Merrick Roads, Massapequa 10:00 AM
 1:00 PM - 2:30 PM

Book Club (**ONLY Jan. 8 & Feb. 5**)
 Rummikub, Games & Conversation
 Chair Yoga with Patty
(NO Chair Yoga Jan. 22, 29, Feb. 5, 12 & 26)
 Tai Chi with Denise (**NO Tai Chi Feb. 26**)
 Bingo
 Exercise with Diane
(DOORS OPEN AT 1:00 PM NOT BEFORE)
 Balance & Coordination with Diane
 Rummikub, Games & Conversation
 Cardio Dance with Michael
 Karaoke

Tuesdays

North Massapequa Community Center 9:00 AM - 10:00 AM
 214 N. Albany Avenue, Massapequa 10:00 AM
 11:00 AM - 2:30 PM
 11:15 AM - 12:45 PM
 1:00 PM
 12:00 PM
 1:15 PM

Bethpage Community Park
 1001 Stewart Avenue, Bethpage
No Programs Here Feb. 20

Glen Head Community Center
 200 Glen Head Road, Glen Head 10:00 AM
 12:00 PM
 2:00 PM

Tai Chi with Denise (**ONLY Feb. 20**)
 Rummikub, Games & Conversation
 Open Bridge (**OPEN TO ALL**)
 Line Dance with Fran (**ONLY Feb. 20**)
 Exercise with Diane
 Tai Chi with Denise (**NO Tai Chi Feb. 27**)
 Line Dance with Fran
 Cardio Dance with Michael
 Rummikub, Games & Conversation
 Bingo

Wednesdays

North Massapequa Community Center 9:30 AM
 214 N. Albany Avenue, Massapequa 10:00 AM
 12:00 PM
 1:15 PM
 10:00 AM
 10:00 AM
 12:30 PM
 1:00 PM

Syosset-Woodbury Community Center
 7800 Jericho Tpke., Woodbury

Glen Head Community Center 9:30 AM - 11:30 AM
 200 Glen Head Road, Glen Head 10:00 AM
 1:00 PM - 2:30 PM

Knitting & Crocheting
 Rummikub, Games & Conversation
 Tai Chi with Denise (**NO Tai Chi Feb. 28**)
 Seated Meditation & Exercise with Denise
 Rummikub, Games & Conversation
 Silver Songbirds Choral Group
 Bingo
 Painting with Jock
 Open Bridge (**OPEN TO ALL**)
 Chair Yoga with Patty
(NO Chair Yoga Jan. 24, 31, Feb. 7, 14, 21 & 28)
 Karaoke

Thursdays

North Massapequa Community Center 10:00 AM
 214 N. Albany Avenue, Massapequa 1:00 PM
 11:00 AM
 11:00 AM - 2:30 PM
 1:30 PM
 9:30 AM
 11:00 AM
 1:30 PM

Syosset-Woodbury Community Center
 7800 Jericho Tpke., Woodbury

William P. Bennett Hicksville Community Center
 28 W. Carl Street, Hicksville

Rummikub, Games & Conversation
 Painting with Jock
 Line Dancing with Fran
 Open Bridge (**OPEN TO ALL**)
 Exercise with Diane
 Chair Yoga with Patty
(NO Chair Yoga Jan. 25, Feb. 1, 8, 15, 22 & 29)
 Karaoke
 Cardio Dance with Michael

Fridays

North Massapequa Community Center 9:00 AM - 1:00 PM
 214 N. Albany Avenue, Massapequa 10:30 AM
 1:00 PM
 1:00 PM
 9:30 AM
 10:00 AM
 12:15 PM
 1:15 PM
 10:00 AM
 12:00 PM - 1:30 PM
 1:00 PM - 3:00 PM
 10:00 AM - 1:45 PM

William P. Bennett Hicksville Community Center
 28 W. Carl Street, Hicksville

Marjorie R. Post Community Center
 Unqua and Merrick Roads, Massapequa

Golden Tones Entertainment Group
(STARTING Jan. 19)
 Tai Chi with Denise (**NO Tai Chi Feb. 23**)
 Rummikub, Games & Conversation
 Line Dance with Fran
 Introduction to Drawing with Jock
(STARTING Feb. 2)
 Rummikub, Games & Conversation
 Tai Chi with Denise (**NO Tai Chi Feb. 23**)
 Bingo
 Rummikub, Games & Conversation
 Introduction to Mah Jong (**NEW 10 WEEK CLASS**)
(STARTING Jan. 12)
 Play Canasta (**No Instruction**)
 St. Francis Outreach Bus (**ONLY Feb. 23**)

Please call
 516-797-7916
 for more
 information.



Supervisor Joseph
SALADINO
 www.OysterBayTown.com

Michele M. Johnson
 Thomas P. Hand
 Laura L. Maier
 Town Clerk
 Richard LaMarca



Louis B. Imbroto
 Steve Labriola
 Vicki Walsh
 Receiver of Taxes
 Jeffrey P. Pravato

www.oysterbaytown.com
 (516) 797-7916
 /TownOfOysterBay