



Supervisor JOSEPH SALADINO and the Town Board present the **Senior Program December 1- December 20, 2024**

Bring hand weights for classes with Diane

Mondays		
North Massapequa Community Center 214 N. Albany Avenue, Massapequa	10:00 AM	Book Club (ONLY Dec. 2)
	10:00 AM	Rummikub, Games & Conversation
	10:00 AM	Cardio Dance with Michael (ONLY Dec. 2 & 9)
Hicksville Athletic Center 167 Broadway, Hicksville	12:15 PM	Tai Chi with Denise
	1:00 PM - 2:30 PM	Karaoke (ONLY Dec. 2 & 9)
	1:30 PM	Bingo
Marjorie R. Post Community Center Unqua and Merrick Roads, Massapequa (No Programs Here Dec. 2 & 9)	1:30 PM	Exercise with Diane (DOORS OPEN AT 1:00 PM NOT BEFORE)
	2:30 PM	Balance & Coordination with Diane
Marjorie R. Post Community Center Unqua and Merrick Roads, Massapequa (No Programs Here Dec. 2 & 9)	9:00 AM - 3:00 PM	Rummikub, Games & Conversation
	10:00 AM	Cardio Dance with Michael
	1:00 PM - 2:30 PM	Karaoke

Tuesdays (NO PROGRAM DEC. 10: HOLIDAY LUNCHEON)		
North Massapequa Community Center 214 N. Albany Avenue, Massapequa	10:00 AM	Rummikub, Games & Conversation
	11:00 AM - 2:30 PM	Open Bridge (OPEN TO ALL)
	1:00 PM	Exercise with Diane
Bethpage Community Park 1001 Stewart Avenue, Bethpage	12:00 PM	Tai Chi with Denise
	1:15 PM	Line Dance with Fran
Glen Head Community Center 200 Glen Head Road, Glen Head	9:30 AM - 12:00 PM	Rummikub, Games & Conversation
	10:00 AM	Cardio Dance with Michael
Syosset-Woodbury Community Center 7800 Jericho Tpke., Woodbury	1:30 PM - 2:30 PM	Drum Groove with Michael

Wednesdays		
North Massapequa Community Center 214 N. Albany Avenue, Massapequa	9:30 AM	Knitting & Crocheting
	10:00 AM	Rummikub, Games & Conversation
	12:00 PM	Tai Chi with Denise
	1:15 PM	Seated Meditation & Exercise with Denise
Syosset-Woodbury Community Center 7800 Jericho Tpke., Woodbury	10:00 AM	Rummikub, Games & Conversation
	10:30 AM	Silver Songbirds Choral Group
		"Holiday Magic" Holiday Show
		Dec. 4 1:00 PM
	12:30 PM	Bingo (NO BINGO Dec. 4)
Glen Head Community Center 200 Glen Head Road, Glen Head	1:00 PM	Art with Jock
	1:00 PM - 3:00 PM	Knitting and Crocheting
	9:30 AM - 11:30 AM	Open Bridge (OPEN TO ALL)
	1:00 PM - 2:30 PM	Karaoke

Thursdays		
North Massapequa Community Center 214 N. Albany Avenue, Massapequa	9:30 AM	Ceramics (ONLY Dec. 5)
	10:00 AM	Rummikub, Games & Conversation
	1:00 PM	Art with Jock
Syosset-Woodbury Community Center 7800 Jericho Tpke., Woodbury	10:00 AM	Intermediate Line Dance with Fran
	11:00 AM - 2:30 PM	Open Bridge (OPEN TO ALL)
	11:30 AM	Beginner Line Dance with Fran
	1:30 PM	Exercise with Diane
William P. Bennett Hicksville Community Center 28 W. Carl Street, Hicksville	9:15 AM	Cards, Games & Mah Jong on your own
	11:00 AM	Karaoke
	1:30 PM	Cardio Dance with Michael

Fridays		
North Massapequa Community Center 214 N. Albany Avenue, Massapequa	9:00 AM - 1:00 PM	Golden Tones Entertainment Group
		"The Gift" Holiday Show
		Dec. 13 1:00 PM
	10:30 AM	Tai Chi with Denise
William P. Bennett Hicksville Community Center 28 W. Carl Street, Hicksville	1:00 PM	Rummikub, Games & Conversation
	1:00 PM	Line Dance with Fran (NO Line Dance Dec. 13)
	9:00 AM	Cardio Dance with Michael (ONLY Dec. 6 & 13)
	10:00 AM	Art with Jock (10:15 AM on Dec. 6 & 13)
	10:00 AM	Rummikub, Games & Conversation
Marjorie R. Post Community Center Unqua and Merrick Roads, Massapequa (No Programs Here Dec. 6 & 13)	12:15 PM	Tai Chi with Denise
	1:15 PM	Bingo
	10:00 AM	Rummikub, Games & Conversation
Marjorie R. Post Community Center Unqua and Merrick Roads, Massapequa (No Programs Here Dec. 6 & 13)	10:00 AM - 11:00 AM	Drum Groove with Michael
	12:30 PM - 1:30 PM	Drum Groove with Michael
	1:00 PM - 3:00 PM	Play Canasta (No Instruction)

Please call 516-797-7916 for more information.



Supervisor Joseph **SALADINO**
www.OysterBayTown.com

Michele M. Johnson
Thomas P. Hand
Laura L. Maier
Town Clerk
Richard LaMarca

Louis B. Imbroto
Steve Labriola
Vicki Walsh
Receiver of Taxes
Jeffrey P. Pravato

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