



Supervisor JOSEPH SALADINO and the Town Board present the **Senior Program • November 1 - December 15**

Mondays

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

10:00 AM
10:00 AM
10:00 AM

11:00 AM
12:15 PM
1:00 PM - 2:30 PM
1:30 PM

Hicksville Athletic Center
167 Broadway, Hicksville

1:30 PM
2:30 PM

Marjorie R. Post Community Center
Unqua and Merrick Roads, Massapequa
**No Programs Here Nov. 20,
Dec. 4 & 11**

9:00 AM - 3:00 PM
10:00 AM
1:00 PM - 2:30 PM

Book Club **(ONLY Nov. 6 & Dec. 4)**
Rummikub, Games & Conversation
Cardio Dance with Michael
(ONLY Nov. 20, Dec. 4 & 11)
Chair Yoga with Patty
Tai Chi with Denise
Karaoke **(ONLY Nov. 20, Dec. 4 & 11)**
Bingo
Exercise with Diane
(DOORS OPEN AT 1:00 PM NOT BEFORE)
Balance & Coordination with Diane

Rummikub, Games & Conversation
Cardio Dance with Michael
Karaoke

Tuesdays (NO PROGRAMS NOV. 7)

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

10:00 AM
11:00 AM - 2:30 PM
1:00 PM

Bethpage Community Park
1001 Stewart Avenue, Bethpage

12:00 PM
1:15 PM

Glen Head Community Center
200 Glen Head Road, Glen Head

10:00 AM
12:00 PM
2:00 PM

Rummikub, Games & Conversation
Open Bridge **(OPEN TO ALL)**
Exercise with Diane

Tai Chi with Denise
Line Dance with Fran

Cardio Dance with Michael
Rummikub, Games & Conversation
Bingo

Wednesdays (NO PROGRAMS DEC. 6)

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

9:30 AM
10:00 AM
12:00 PM
1:15 PM

Syosset-Woodbury Community Center
7800 Jericho Tpke., Woodbury

10:00 AM
10:00 AM

12:30 PM
1:00 PM

Glen Head Community Center
200 Glen Head Road, Glen Head

9:30 AM - 11:30 AM
10:00 AM
1:00 PM - 2:30 PM

Knitting & Crocheting
Rummikub, Games & Conversation
Tai Chi with Denise **(NO Tai Chi Nov. 22)**
Seated Meditation & Exercise with Denise
(NO Seated Meditation & Exercise Nov. 22)

Rummikub, Games & Conversation
Silver Songbirds Choral Group
"Winter Wonderland" Holiday Show
Nov. 29 1:00 PM
Bingo **(NO Bingo Nov. 29)**
Painting with Jock

Open Bridge **(OPEN TO ALL)**
Chair Yoga with Patty
Karaoke

**Senior
Holiday
Luncheon
December 6
MUST BE
REGISTERED**

Thursdays (NO PROGRAMS NOV. 23)

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

10:00 AM
1:00 PM

Syosset-Woodbury Community Center
7800 Jericho Tpke., Woodbury

9:00 AM - 11:00 AM
11:00 AM
11:00 AM - 2:30 PM
1:30 PM

William P. Bennett Hicksville Community Center
28 W. Carl Street, Hicksville

9:30 AM
11:00 AM
1:30 PM

Rummikub, Games & Conversation
Painting with Jock

Bridge Instruction **(NO Bridge Nov. 16)**
Line Dancing with Fran
Open Bridge **(OPEN TO ALL)**
Exercise with Diane

Chair Yoga with Patty
Karaoke
Cardio Dance with Michael

Fridays (NO PROGRAMS NOV. 10 & 24)

North Massapequa Community Center
214 N. Albany Avenue, Massapequa

9:00 AM -
1:00 PM
10:30 AM
1:00 PM
1:00 PM

William P. Bennett Hicksville Community Center
28 W. Carl Street, Hicksville

9:15 AM
10:00 AM
12:15 PM
1:15 PM
10:00 AM - 1:45 PM

Marjorie R. Post Community Center
Unqua and Merrick Roads, Massapequa
No Programs Here Dec. 8

10:00 AM
1:00 PM - 3:00 PM

Golden Tones Entertainment Group
"Most Wonderful Time of the Year" Holiday Show
Dec. 8 11:00 AM
Tai Chi with Denise
Rummikub, Games & Conversation
(NO Rummikub & Games Dec. 8)
Line Dance with Fran
Drawing with Jock **(NEW CLASS)**
Rummikub, Games & Conversation
Tai Chi with Denise
Bingo
St. Francis Outreach Bus **(ONLY Nov. 3)**

Rummikub, Games & Conversation
Play Canasta **(No Instruction)**

**Please call
516-797-7916
for more
information.**



Supervisor Joseph
SALADINO
www.OysterBayTown.com

Michele M. Johnson
Thomas P. Hand
Laura L. Maier
Town Clerk
Richard LaMarca



Louis B. Imbroto
Steve Labriola
Vicki Walsh
Receiver of Taxes
Jeffrey P. Pravato

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/TownOfOysterBay