



Supervisor **JOSEPH SALADINO** and the Town Board present the

Senior Program

January 4 - February 28, 2023

Mondays (NO PROGRAM JAN. 16th & FEB. 20th)

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	10:00 AM	Rummikub, Games & Conversation
	10:00 AM	Book Club (ONLY Jan. 9 and Feb. 6)
	11:00 AM	Chair Yoga (STARTING Feb. 6)
	12:15 PM	Tai Chi with Denise
	1:30 PM	Bingo
Hicksville Athletic Center 167 Broadway, Hicksville	1:30 PM	Exercise with Diane (NEW CLASS) (DOORS OPEN AT 1:00 PM NOT BEFORE)
	PROGRAMS HERE START JAN. 23rd 2:30 PM	Balance & Coordination with Diane (NEW CLASS)

Tuesdays

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	10:00 AM	Rummikub, Games & Conversation
	10:00 AM	Line Dancing with Ellen (NO Line Dancing Jan. 17 & Feb. 21)
	11:30 AM - 2:30 PM	Open Bridge (OPEN TO ALL)
Bethpage Community Park 1001 Stewart Avenue, Bethpage	12:00 PM	Tai Chi with Denise
	1:15 PM	Line Dancing with Fran

Wednesdays

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	9:30 AM	Knitting & Crocheting
	10:00 AM	Rummikub, Games & Conversation
	12:00 PM	Tai Chi with Denise
	12:30 PM	Free Manicures (ONLY Jan. 18)
	1:15 PM	Seated Meditation & Exercise
Syosset-Woodbury Community Center 7800 Jericho Tpke., Woodbury	10:00 AM	Rummikub, Games & Conversation
	10:00 AM	Silver Songbirds Choral Group
	12:30 PM	Free Manicures (ONLY Feb. 1)
	1:00 PM	Bingo
	1:00 PM	Painting with Jock
	3:00 PM	Zumba with Ellen
Glen Head Community Center 200 Glen Head Road, Glen Head	9:30 AM - 11:30 AM	BEGINNER Bridge Lessons: 10 Week Class (STARTING Feb. 15- Sign up at first class)
	10:00 AM	Chair Yoga with Patty (STARTING Feb. 8)

Thursdays

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	10:00 AM	Rummikub, Games & Conversation
	10:00 AM	Zumba with Ellen
	1:00 PM	Painting with Jock
Syosset-Woodbury Community Center 7800 Jericho Tpke., Woodbury	11:00 AM	Line Dancing with Fran
	11:30 AM	Open Bridge (OPEN TO ALL)
Bethpage Community Park 1001 Stewart Avenue, Bethpage	1:30 PM	Exercise with Diane (STARTING Jan. 12) (NEW CLASS)

Fridays (NO PROGRAM FEB. 10th)

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	10:00 AM	Golden Tones Entertainment Group (STARTING Feb. 3)
	10:30 AM	Tai Chi with Denise
	1:00 PM	Rummikub, Games & Conversation
	1:00 PM	Line Dancing with Fran
William P. Bennett Hicksville Community Center 28 W. Carl Street, Hicksville	10:00 AM	Rummikub, Games & Conversation
	12:15 PM	Tai Chi with Denise
	12:30 PM	Free Manicures (ONLY Jan. 27)
	1:15 PM	Bingo
Marjorie R. Post Community Center Unqua and Merrick Roads, Massapequa	10:00 AM	Rummikub, Games & Conversation
	10:00 AM	Line Dancing with Ellen (NO Line Dancing Jan. 13)
	10:00 AM - 1:45 PM	St. Francis Outreach Bus (ONLY Feb. 24)
	1:00 PM - 3:00 PM	Learn Canasta: 10 Week Class (STARTING Feb. 17- Sign up at first class)

**Please call
516-797-7916
for more
information.**

Valentine's Day Luncheon to be held at the Crest Hollow Country Club on February 10th



Supervisor Joseph
SALADINO
www.OysterBayTown.com

Michele M. Johnson
Thomas P. Hand
Laura L. Maier
Town Clerk
Richard LaMarca



Louis B. Imbroto
Steve Labriola
Vicki Walsh
Receiver of Taxes
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