



Supervisor JOSEPH SALADINO and the Town Board present the

# Senior Fall Program

## September 12 - October 31, 2022

### Mondays (NO PROGRAMS SEPT. 26th & OCT. 10th)

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	10:00 AM	Rummikub, Games & Conversation
	10:00 AM	Book Club ( <b>ONLY Sept. 12 and Oct. 3</b> )
	11:00 AM	Chair Yoga ( <b>STARTING Oct. 3</b> )
	12:15 PM	Tai Chi with Denise
	1:30 PM	Bingo
	10:00 AM - 1:45 PM	St. Francis Outreach Bus ( <b>ONLY Oct. 3</b> )
Hicksville Athletic Center 167 Broadway, Hicksville	1:30 PM	Exercise with Barbara ( <b>STARTING Sept. 19</b> ) <b>(DOORS OPEN AT 1:00 PM NOT BEFORE)</b>

### Tuesdays (NO PROGRAM SEPT. 27th)

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	10:00 AM	Rummikub, Games & Conversation
	10:00 AM	Line Dancing with Ellen <b>(NO Line Dancing Oct. 18)</b>
<b>No Programs Here Sept. 20th</b>	11:30 AM - 2:30 PM	Open Bridge ( <b>OPEN TO ALL</b> )
Bethpage Community Park 1001 Stewart Avenue, Bethpage	12:00 PM	Tai Chi with Denise
	1:15 PM	Line Dancing with Fran <b>(STARTING Oct. 4)</b>
<b>No Programs Here Sept. 20th</b>		
Marjorie R. Post Community Center Unqua and Merrick Roads, Massapequa	10:00 AM - 3:00 PM	<b>SENIOR PICNIC</b> <b>(ONLY on September 20</b> <b>MUST BE REGISTERED)</b>

### Wednesdays (NO PROGRAM OCT. 5th)

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	9:30 AM	Knitting & Crocheting ( <b>NEW</b> )
	10:00 AM	Rummikub, Games & Conversation
	12:00 PM	Tai Chi with Denise
	1:15 PM	Seated Meditation & Exercise ( <b>NEW</b> )
Syosset-Woodbury Community Center 7800 Jericho Tpke., Woodbury	10:00 AM	Rummikub, Games & Conversation
	10:00 AM	Silver Songbirds Choral Group
	1:00 PM	Bingo
	1:00 PM - 3:00 PM	Painting with Jock
	3:00 PM	Zumba with Ellen

### Thursdays

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	10:00 AM	Rummikub, Games & Conversation
	10:00 AM	Zumba with Ellen
	1:00 PM	Painting with Jock
Syosset-Woodbury Community Center 7800 Jericho Tpke., Woodbury	11:00 AM	Line Dancing with Fran <b>(STARTING Sept. 22)</b>
	11:30 AM	Open Bridge ( <b>OPEN TO ALL</b> )
Bethpage Community Park 1001 Stewart Avenue, Bethpage	1:30 PM	Exercise with Barbara ( <b>STARTING Sept. 22</b> ) <b>(NO Exercise Oct. 13)</b>

### Fridays

North Massapequa Community Center 214 N. Albany Avenue, Massapequa	10:00 AM	Golden Tones Choral Group
	10:30 AM	Tai Chi with Denise
	12:00 PM - 2:30 PM	Rummikub, Games & Conversation
	1:00 PM	Line Dancing with Fran ( <b>STARTING Sept. 23</b> )
William P. Bennett Hicksville Community Center 28 Carl Street, Hicksville	10:00 AM	Rummikub, Games & Conversation
	10:00 AM	Line Dancing with Ellen <b>(ONLY Sept. 16, 23, &amp; 30)</b>
	12:15 PM	Tai Chi with Denise
	1:15 PM	Bingo
Marjorie R. Post Community Center Unqua and Merrick Roads, Massapequa	10:00 AM	Rummikub, Games & Conversation <b>(STARTING Oct. 7)</b>
	10:00 AM	Line Dancing with Ellen ( <b>STARTING Oct. 7</b> )
<b>REOPENS IN OCTOBER</b>		

Please call 516-797-7916 for more information



Supervisor Joseph  
**SALADINO**  
www.OysterBayTown.com

Michele M. Johnson  
Thomas P. Hand  
Laura L. Maier  
Town Clerk  
Richard LaMarca



Louis B. Imbroto  
Steve Labriola  
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